Doctoral Program in Clinical Psychology
The Graduate Center of the City University of New York

Psychopathology I - PSYC 75500 0

CRN: 32754

Fall 2016– Thursday 2:00-3:50

Professor: Diana Diamond, Ph.D.
E-Mail: ddiamondda@gmail.com
Phone: 212-877-2232
Office Hours: Thursday 11:30-12:30 or 4-5 (or by appointment)

Course Description:

The aim of this doctoral course is to introduce clinical psychology graduate students to the basic concepts relevant to understanding psychopathology in adult patients. The course examines the clinical, research, and theoretical literature of a range of Axis I and Axis II disorders including personality disorders, affective disorders and psychotic disorder. The course will examine these disorders from several different vantage points including the psychodynamic, neurobiological, familial, cognitive, and environmental/social perspectives. The evolution of current conceptualizations of each disorder will be explored so that students will understand the history of thinking about psychopathology as well as current perspectives.

The course will also include selections from the theoretical, clinical and research literature on each disorder, as well as on the intersection between Axis I and Axis II disorders. The first part of the course focuses on Axis II disorders with an emphasis on borderline and narcissistic personality disorders. The second part of the course will focus on Axis I disorders, including unipolar and bipolar disorders, psychotic disorders, dissociative identity disorders (DID), and posttraumatic stress disorders (PTSD and complex PTSD).

Students will be introduced to the foundations in object relations theory of contemporary conceptualizations of psychopathology, and will learn how object relations theorists understand the etiology, development, and expression of personality disorders, as well as the underlying psychic structures (i.e., self and object representations) that contribute to psychopathology. Students will also be introduced to the neurobiological correlates of personality and affective disorders and will understand the role of trauma in the development of different forms of psychopathology. Students will be expected to read first person accounts written by those who have suffered from these disorders as well as to bring in clinical examples from their own ongoing therapeutic work. Finally the course will cover some of the socio-cultural, familial and socio-historical factors that may contribute to psychopathology.
Course Requirements:

The requirements for the course include active involvement in class discussions, presentation of readings as assigned, and the course will be run as a seminar in that there will be a core of required readings for each class and additional readings that will be covered either in the lecture or in students reports. The final paper is expected to be a piece of original thinking and research based on a topic related to psychopathology. The paper is due on December 19. The students will be evaluated on the basis of their class participation (20%); their oral presentation of articles in class (30%) and their final research paper (50%).

Course Goals/Objectives:

By the end of this course, the successful student will have accomplished the following goals:

- The successful student will have knowledge of the core concepts of psychopathology including how disorders are defined and classified in the DSM-5 and how they are conceptualized from a psychodynamic point of view.
- The successful student will understand the clinical, research, and theoretical literature of a range of disorders including personality disorders, affective disorders and psychotic disorders.
- The successful student will develop a comprehensive knowledge of how these disorders are diagnosed and will understand the major theories about the etiology of these disorders.
- The successful student will learn how object relations theorists understand the etiology, development, and expression of personality disorders, as well as the underlying psychic structures (i.e., self and object representations) that contribute to psychopathology.
- The successful student will be able to apply the core concepts of psychopathology to vignettes of patients suffering from these disorders either from their own clinical practice or provided by the instructor.
- The successful student will have completed the majority of the readings on time, will participate actively in class and will produce a research paper that demonstrates their knowledge of psychopathology and their creative integration of theory and clinical case material.

Required Texts:


Fairbairn, R.D. *Psychoanalytic Studies of the Personality.*


**Recommended:**

Buckley, P. (Ed.) *Essential papers on Psychosis.*


**Assignments:**

*Participation:*
Participation is evaluated on quality (not quantity) of contribution to the class discourse. This does not mean talking a lot; quality of participation includes facilitation of group discussion, questioning, and integrating others’ ideas and comments.

Presentation of Readings:

Students will give an oral presentation of the articles assigned for class.

Final Research Paper:

Students will complete a research paper on a topic related to the class to be approved by the instructor by November 19 when students will be required to turn in a one-page description of their papers with bibliography.

Evaluation:

Student grades will be based on the following:

- Participation (20%)
- Presentation of readings (30%)
- Final research paper (50%)

Attendance:

Please note that participation is assessed separately from attendance. Participation refers to active involvement in classroom discussions. In addition, attendance in class is required. Because this course meets once weekly for 2.5 hours, missing one class is the equivalent of missing a full week of course work. Attending all classes is essential for being successful in this course, and therefore absences will not be excused for just any illness or scheduling conflict — there needs to a major crisis for an absence to be excusable. Discuss with the professor any anticipated events or religious holidays that conflict with the course schedule, and alternative arrangements must be worked out in advance. Please note that more than two unexcused absences will be grounds for a failing grade.

Plagiarism and Cheating:

Plagiarism is the use or presentation of ideas, words, or work that is not one’s own and that is not common knowledge, without granting credit to the originator. Plagiarism is a practice that is not only unacceptable, but which is to be condemned in the strongest terms possible on the basis of moral, educational and legal grounds. Under University policy, plagiarism may be punishable by a range of penalties from a failing grade in the assignment or course to dismissal from the college. All students are required to read the handbook on avoiding plagiarism by visiting www.ccny.cuny.edu/standards/upload/academicintegrity.pdf.
Cheating includes, but is not limited to the following: falsification of statements or data; listing sources that have not been used; having another individual write your paper or do your assignments; writing a paper or creating work for another student to use without proper attribution; purchase of paper or research work for one’s examination (except when expressly permitted by the instructor, depending on the nature of the examination) or knowingly providing such assistance to aid other students. All students are required to read the handbook on avoiding plagiarism by visiting www.ccny.cuny.edu/standards/upload/academicintegrity.pdf.

Students with Disabilities:

If you have a diagnosed disability or believe that you have a disability that might require accommodations on the part of the instructor, please contact the Disabilities Office at City College.

Calendar:

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<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading Due</th>
<th>Assignment Due</th>
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<tr>
<td>Week 3</td>
<td>Borderline Personality</td>
<td>Fairbairn, R.D. <em>Psychoanalytic Studies of the Personality.</em> Chapter 1: Schizoid Factor in the Personality;</td>
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| Week 4 | Borderline Personality Disorder: Basic Theory and History | Essential Papers on Borderline Disorders.  
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| | | Essential Papers on Borderline Disorders.  
| | | Essential Papers on Borderline Disorders.  
| | | Essential Papers on Borderline Disorders.  

| Week 5 | Narcissism: Basic Theory and History of Narcissism and its Disorders | Borderline Conditions and Pathological Narcissism.  
Part 11. Narcissistic Personality Review DSM-5 Narcissistic Personality Disorder |
| | | Essential Papers on Narcissism.  
Chapter 9: Factors in the Psychoanalytic Treatment of Narcissistic Personality Disorders. |
| | | Twenge, J.M., Konrath, S., Foster, J.D., Campbell, W.K., |
and Bushman, B.J. (2008). Egos Inflating over time: A cross-temporal Meta-analysis of the Narcissistic Personality Inventory. *Journal of Personality, 76*, 876-901.

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<th>Week 6</th>
<th>Basic Theory and History of Narcissism and its Disorders</th>
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<td><em>Essential Papers on Narcissism.</em> Chapter 3: Forms and Transformations of Narcissism.</td>
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<td>Narissistic Personality</td>
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<td><em>Essential Papers on Narcissism.</em> Chapter 7: The Disorders of the Self and Their Treatment: an Outline.</td>
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<td><em>Narcissistic States and the Therapeutic Process.</em> Parts I and II. The Narcissistic Condition and the Narcissistic Object</td>
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<th>Week 7</th>
<th>Trauma and Posttraumatic Stress Disorder</th>
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**Recommended:**

Chapter 1: Two Types of Depression;  
Chapter 2: Clinical Expression of Anaclitic and Introjective Depression;  
Chapter 3: Measurement of Anaclitic and Introjective Depression;  
Chapter 4: Assessment of Object Representation.  
Review DSM-5 Depressive Disorders  
Essential Papers on Depression.  
Chapter 2: Mourning and Melancholia.  
Essential Papers on Depression.  
Chapter 3: Edward Bibring’s Theory of Depression.  
Recommended:  
|---|---|---|
| Week 9 | Affective Disorders: Unipolar Disorder and Anxiety Disorders | Depression: Causes and Treatment.  
Part 1: Clinical Aspect of Depression;  
Part III: Theoretical Aspects of Depression;  
Part IV: Treatment of Depression.  
Review DSM-5 Bipolar Disorders  
Luyten, P., Blatt, S., Van Houdenjhove, B., Corveley, J. |
(2006). Depression research and treatment: Are we skating to where the puck is going to be? *Clinical Psychology Review*, 26, 985-999.


**Recommended:**

*Essential Papers on Depression.*

Chapter 5: Towards A Behavioral Approach to Depression.

Chapter 6: Learned Helplessness and Depression.

Chapter 8: Maladaptive Cognitive Structures in Depression.

Chapter 13: A Three Causal Model of Depression.

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**Week 10**

**Bipolar Disorder**


**Recommended:**

*Essential Papers on Depression.*

Chapter 1: An Intensive Study of twelve Cases if Manic-Depressive Psychosis.

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**Week 11**

**Bipolar Disorder**


Goodwin, F. & Jamison, K. *Manic-Depressive Illness.* New York: Oxford University Press. (Part II: Clinical Studies; Part IV: Pathophysiology)

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<th>Week 12</th>
<th>Psychotic Disorders</th>
<th>Review DSM-5: Schizophrenia</th>
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**Recommended:**


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<th>Week</th>
<th>Attachment and Psychopathology: Theory</th>
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disorder: A functional magnetic resonance imaging study. *Psychopathology, 39, 144-152.*

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<th><strong>Recommended:</strong></th>
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<td><strong>Peter Fonagy:</strong> “Attachment, the Development of the Self, and its Pathology in Personality Disorders” [<a href="http://www.psychomedia.it/pm/modther/probpsite">http://www.psychomedia.it/pm/modther/probpsite</a> r/tonagy-2.htm](<a href="http://www.psychomedia.it/pm/modther/probpsite">http://www.psychomedia.it/pm/modther/probpsite</a> r/tonagy-2.htm)</td>
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<td><strong>Giovanni Liotti’s response to Fonagy “Attachment and Meta-Cognition in Borderline Patients”</strong> [<a href="http://www.psychomedia.it/pm/modther/probpsite">http://www.psychomedia.it/pm/modther/probpsite</a> r/liotti-2.htm](<a href="http://www.psychomedia.it/pm/modther/probpsite">http://www.psychomedia.it/pm/modther/probpsite</a> r/liotti-2.htm)</td>
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<td><strong>Gunderson, J.</strong> The Borderline Patient’s Intolerance of Aloneness: Insecure Attachments and Therapist’s Availability. *</td>
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