NEW STUDENT IMMUNIZATION REQUIREMENTS

Dear New Student,

We would like to take this opportunity to introduce you to the Wellness Center Student Health Services (SHS), located on the 6th Floor of the Graduate Center. In addition to providing medical care to registered Graduate Center students when the nurse practitioner is on site, Student Health Services is responsible for maintaining all immunization records. The immunization requirement for new students consists of two parts. Both parts MUST be completed in order to register for classes.

PART A: You will not be permitted to register for classes until official MMR documentation is submitted.
According to New York State Law (Public Health Law 2165), if you were born on or after January 1, 1957, you must provide proof of immunization against measles, mumps, and rubella. You may submit copies of existing documentation of your vaccinations (e.g., OFFICIAL documentation of measles, mumps and rubella vaccinations from childhood or from another university/institution). If you do not have existing documentation, you may have a medical practitioner complete, sign, and stamp the Student Immunization Record Form, which is enclosed for this purpose.

Compliance with NYS Public Health Law 2165 requires the following:

- Dates of two measles vaccinations or dates for two MMRs (combined measles, mumps, rubella vaccine). The two vaccinations are required to be at least 28 days apart, and the 1st dose must not have been administered more than 4 days prior to your 1st birthday.
- Date of one mumps vaccine received no more than 4 days prior to your 1st birthday (not necessary if you have had at least one MMR).
- Date of one rubella vaccine received no more than 4 days prior to your 1st birthday (not necessary if you have had at least one MMR).
- Health provider’s signature AND an official health provider stamp (MD, NP, PA), clinic stamp, or records office stamp must appear on the Student Immunization Record Form or on any other measles, mumps and rubella documentation (including records from another university) in order for it to be processed by our office.
- If you do not have any way to document past vaccinations, you may see a physician for a blood titer test. If you are submitting lab titer results as proof of immunity, a copy of the official lab report must be included.

PART B: You will not be permitted to register for classes until a Meningitis Response Form is submitted.

New York State Public Health Law 2167 requires all students review the meningococcal meningitis information attached to the Meningitis Response Form and file a record of an appropriate response with our office. The meningococcal vaccination is not required, however all Graduate Center students are required to (either):

1. Review the meningococcal disease information attached to the Meningitis Response Form, check the appropriate response, complete, sign and submit the form to the Wellness Center Student Health Services

2. OR Review the meningococcal disease information attached to the Meningitis Response Form and submit a copy of your documents showing vaccination against meningococcal disease within the last 10 years.

Submit all completed forms and/or documentation to Student Health Services. A scanned PDF attachment emailed to wellness@gc.cuny.edu is preferred. In person, mail, or fax is also acceptable. Please do not submit original documents and always keep a copy for your records.

We strongly advise that all new students begin this process early (at least 6 to 8 weeks prior to your registration date) to avoid any delays in registration. Please visit our website for more information: http://cuny.is/wellnesscenter

Thank you
Part A: Proof of MMR Vaccinations

STUDENT IMMUNIZATION RECORD FORM

Student, please complete the top section:

Name ____________________________________________ Date of Birth ________________ Student ID ________________

(Please print) Phone ____________________________________________ Email ____________________________

Mailing Address ____________________________________________

Semester/Year entering ____________________________ Program ____________________________________________

NYS Public Health Law 2165 requires post-secondary students to show protection against measles, mumps, and rubella. Persons born prior to January 1, 1957, are exempt from this requirement. If you are claiming an exemption on this basis, you must send us a copy of your driver’s license, passport, or birth certificate as proof of your date of birth in addition to submitting the meningitis response form. Submit all documentation to the Wellness Center Student Health Services.

Practitioner, please complete one of the sections below, print name, sign and stamp bottom section:

1. Two dates of M.M.R. Immunizations (Measles, Mumps, and Rubella)
   Dose 1 - Immunized no more than 4 days prior to 1st birthday __________________________
   Dose 2 - Immunized at least 28 days after Dose 1 __________________________

   OR

2. Two measles, one rubella, and one mumps:
   Two dates of Measles Immunizations
   Dose 1 __________________________ (no more than 4 days prior to 1st birthday) Dose 2 __________________________ (at least 28 days after Dose 1)
   Date of one rubella immunization __________________________ no more than 4 days prior to 1st birthday
   Date of one mumps immunization __________________________ no more than 4 days prior to 1st birthday

   OR

3. Blood titer results as proof of immunity:
   A COPY OF THE OFFICIAL LAB REPORT MUST BE INCLUDED IN ORDER FOR OUR OFFICE TO REVIEW
   Date of Measles Titer __________________________ Titer Results __________________________ Reference Range __________________________
   Date of Rubella Titer __________________________ Titer Results __________________________ Reference Range __________________________
   Date of Mumps Titer __________________________ Titer Results __________________________ Reference Range __________________________

Practitioner Name ____________________________________________
(Please Print)

Practitioner Signature ____________________________ Telephone ____________________________

OFFICE STAMP HERE
This form is not valid without a stamp
New York State Public Health Law 2167 requires that all college and university students enrolled for at least six (6) semester hours or the equivalent per semester, or at least four (4) semester hours per quarter, complete and return the following form to your college campus health office within thirty days, or you will be blocked from registration and from attending classes.

**PRINT STUDENT'S INFORMATION**

First & Last Name ________________________________ Date of Birth ______ / ______ / ______

College Name: The Graduate Center Student ID # ______________________

Student Mailing Address ________________________________ Email ______________________

Phone number ________________________________

**Check one box and sign below.**

I have:

☐ received the information regarding meningococcal meningitis disease and vaccine. I have decided that I will **not** obtain immunization against meningococcal meningitis disease.

☐ received the information regarding meningococcal meningitis disease and vaccine. I received the meningococcal meningitis immunization within the past 10 years. Date received (required): __________

Signed ________________________________ Date __________

(Student)
Meningococcal Disease
Last Reviewed: July 2011

What is meningococcal disease?

Meningococcal disease is a severe bacterial infection of the bloodstream or meninges (a thin lining covering the brain and spinal cord) caused by the meningococcus germ.

Who gets meningococcal disease?

Anyone can get meningococcal disease, but it is more common in infants and children. For some adolescents, such as first-year college students living in dormitories, there is an increased risk of meningococcal disease. Every year in the United States approximately 2,500 people are infected and 300 die from the disease. Other persons at increased risk include household contacts of a person known to have had this disease, immunocompromised people, and people traveling to parts of the world where meningococcal meningitis is prevalent.

How is the meningococcus germ spread?

The meningococcus germ is spread by direct close contact with nose or throat discharges of an infected person.

What are the symptoms?

High fever, headache, vomiting, stiff neck and a rash are symptoms of meningococcal disease. The symptoms may appear two to 10 days after exposure, but usually within five days. Among people who develop meningococcal disease, 10 to 15 percent die, in spite of treatment with antibiotics. Of those who live, permanent brain damage, hearing loss, kidney failure, loss of arms or legs, or chronic nervous system problems can occur.

What is the treatment for meningococcal disease?

Antibiotics, such as penicillin G or ceftriaxone, can be used to treat people with meningococcal disease.

Should people who have been in contact with a diagnosed case of meningococcal meningitis be treated?

Only people who have been in close contact (household members, intimate contacts, health care personnel performing mouth-to-mouth resuscitation, daycare center playmates, etc.) need to be considered for preventive treatment. Such people are usually advised to obtain a prescription for a special antibiotic (either rifampin, ciprofloxacin or ceftriaxone) from their physician. Casual contact, as might occur in a regular classroom, office or factory setting, is not usually significant enough to cause concern.

Is there a vaccine to prevent meningococcal meningitis?

There are three vaccines available for the prevention of meningitis. The preferred vaccine for people ages 2-55 years is Meningococcal conjugate vaccine (MCV4). This vaccine is licensed as Menactra (sanofi pasteur) and Menveo (Novartis). Meningococcal polysaccharide vaccine (MPSV4; Menomune [sanofi pasteur]), should be used for adults ages 56 and older. The vaccines are 85 to 100 percent effective in preventing the four kinds of meningococcus germ (types A, C, Y, W-135). These four types cause about 70 percent of the disease in the United States. Because the vaccines do not include type B, which accounts for about one-third of cases in adolescents, they do not prevent all cases of meningococcal disease.

Is the vaccine safe? Are there adverse side effects to the vaccine?

The three vaccines available to prevent meningococcal meningitis are safe and effective. However, the vaccines may cause mild and infrequent side effects, such as redness and pain at the injection site lasting up to two days.

Who should get the meningococcal vaccine?

The vaccine is routinely recommended for all adolescents ages 11-12 years, all unvaccinated adolescents 13-18 years, and persons 19-21 years who are enrolling in college. The vaccine is also recommended for people ages 2 years and older who have had their spleen removed or have other chronic illnesses, as well as some laboratory workers and travelers to endemic areas of the world.

Who needs a booster dose of meningococcal vaccine?

CDC recommends that children age 11 or 12 years be routinely vaccinated with Menactra or Menevo and receive a booster dose at age 16 years. Adolescents who receive the first dose at age 13-15 years should receive a one-time booster dose, preferably at ages 16-18 years. Teens who receive their first dose of meningococcal conjugate vaccine at or after age 16 years do not need a booster dose, as long as they have no risk factors.

All people who remain at highest risk for meningococcal infection should receive additional booster doses. If the person is age 56 years or older, they should receive Menomune.

How do I get more information about meningococcal disease and vaccination?
