Express 365 Menu
Tuesday 2/3/2020

Main Course .56 oz
International .56 oz
Salad Bar .56 oz
Action Station 7.60 & up
Grill Special 7.40
Soups (12 or 16 oz.) 3.80/4.60
Desserts 3.20 & up

Ample Selection of Grab & Go and Snacks
Main Course Today

Cajun Smothered Herb Grilled Pork Chops

Lemon & Oregano Roasted Tilapia, Roasted Peppers, Olive & Capers

Vegetable Brown Rice

Mashed Yukon Gold Potatoes

Green Beans Almondine

Vegetable of the Day

V vegetarian  ☑️ vegan  ☀️ better for you

We encourage guests to speak to the Chef or Manager regarding any allergen questions.
Dominican Republic

Carne Guisado
(Beef Stewed)

Dominican Roasted Chicken

Yellow Rice

Stewed Red Beans

Stewed Eggplant

Dominican Salad

V vegetarian  ☑️ vegan  🍎 better for you

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Asian Stir Fry

Choice of:
White Rice, Brown Rice or Lo Mein Noodles

Choice of:
Broccoli, Onions, Peppers, Baby Corn, Carrots, Bok Choy

Choice of:
Hoisin or Sweet Chili Pineapple Sauces

Choice of:
Vegetables 7.60
Chicken, Beef or Tofu 8.75
Baby Shrimp 9.80
“Soup du jour”
12 Vegetables & Lemon Chicken Orzo
12oz 3.90 – 16oz 4.50

Deserts

Silhouette Cheese Cake 3.20
Coconut Snowball Cake 3.20
Valentine Cookies 2.75

Cookies 1x.80/3x2.00

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Grill Today

Tuna Melt
Served with French Fries & Small Fountain Soda

7.40

Student Lunch:
Choice of either: Turkey, Ham, Tuna, Grilled Vegetables, or Peanut Butter & Jelly on Choice of Whole, Wheat, Rye, 7 Grain, or White slice breads.
Includes a small salad, a choice of: bottle of water (Aquafina), Small Soft Drink or a Small Coffee, a choice of a whole fruit or a bag of Lays chips

5.80

Specialty Sandwiches

7.40

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Student Lunch:

Choice of either: Turkey, Ham, Tuna, Grilled Vegetables, or Peanut Butter & Jelly

Choice of either: Whole, Wheat, Rye, 7 Grain, or White slice breads.

Choice of either: Bottle of water (Aquafina), Small Soft Drink or a Small Coffee.

Choice of either: A whole fruit or a bag of Lays chips

Meal includes a small green salad

- No Protein or composed salads
- Special chips or Gluten Free Chips not included with this special.

5.80
Quick Pick Sandwiches & Salads

LTO

Buy one Sandwich or Salad, and get a Pringle and a 20 oz. soda

8.60

V vegetarian  V vegan  🍎 better for you

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Quick Pick Sandwiches

Ham Lettuce & Tomato on Whole Wheat Bread

Mozzarella Arugula Eggplant On Ciabatta Bread

Roast Beef, Cheddar L.&T. on an Onion Roll

Tuna Salad Sandwich

7.40

Vegetarian
Vegan
Better for you

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Tuesday February 4th, 2020
12 pm – 2 pm
@ Dining Commons
Living Juice
We encourage guests to speak to the Chef or Manager regarding any allergen questions.
Follow us @ racuny

Or visit our websites at

https://racafes.compass-usa.com/CUNYCAFE/Pages/Menu.aspx?lid=b2

V vegetarian
V vegan
Apple better for you

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Notice

Starting this semester Dining Commons new hours of operation are:

Mon –Friday
Breakfast from 8:00 AM to 10:30AM
Lunch from 11:30 AM to 3:00 PM

Gates will closed at 10:30 am for refreshing and set up for Lunch, And re-open at 11:30 am for service

Thank You

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