



Information about FC2[®] Female Condom and Its Use.

FC2 female condom has the same design and instructions for use as the FC1 female condom. The material has been changed to improve affordability, while maintaining the high quality, reliability and features of FC1. FC2's sheath, with its outer ring, is made from a synthetic nitrile. Insert FC2 prior to sexual intercourse to provide protection against HIV/AIDS, other STIs and unintended pregnancies. The inner ring aids insertion and helps to secure the device in place during intercourse while the softer outer ring remains outside the vagina.



FC2 female condom

- Is a new second generation female condom made of synthetic nitrile. It was designed to improve affordability, particularly in large volumes, while maintaining the high quality, reliability and features of the original FC1 female condom.
- Has been shown in studies to be comparable to FC1. These assessments include preclinical safety studies of the new material and a direct comparison study evaluating efficacy in terms of failure rates (rips, tears and slippage).
- Is, with FC1, the only female-initiated protection method invented and approved since the advent of the HIV/AIDS epidemic.

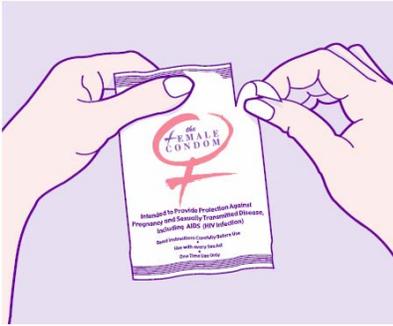
Like FC1, FC2

- Provides women and men with an additional choice to protect themselves against HIV/AIDS, other STIs and unintended pregnancies.
- Forms a barrier between the penis and the vagina, cervix and part of the external genitalia, thereby providing additional protection.
- Is strong, hypoallergenic and, unlike latex, may be used with both oil and water-based lubricants.
- Is not dependent on the male erection, does not require immediate withdrawal and is not tight or constricting.
- Has passed a stringent technical review process conducted by WHO including safety, quality and clinical data.
- Received FDA approval for distribution in the United States.

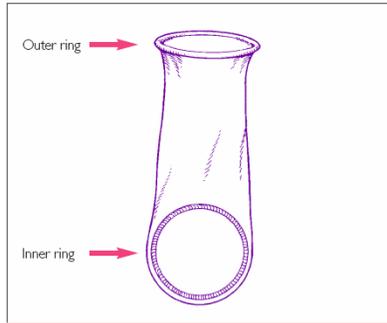
The Female Health Company
515 North State Street, Suite 2225
Chicago, Illinois 60654
Tel: + 1 312 595 9123
Fax: + 1 312 595 9122
Email: info@femalecondom.org
www.femalehealth.com



FC2 female condom is not difficult to use but it may take some practice to become comfortable with it. Women should practice inserting and removing it prior to using it for the first time during sexual intercourse. Insertion becomes easier with practice — try it at least 3 times before making any decisions about future use.



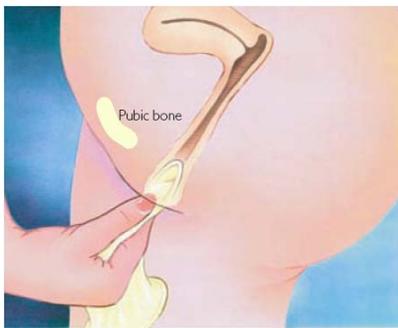
1. Open the package carefully by tearing the notch on the top right of the package. Do not use scissors or a knife to open.



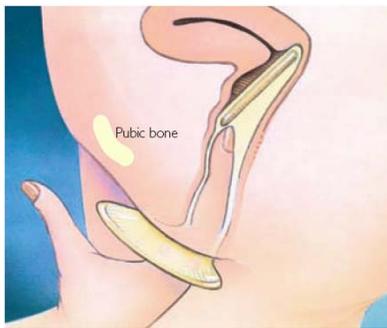
2. The outer ring covers the area around the opening of the vagina. The inner ring is used for insertion and to hold the sheath in place during intercourse.



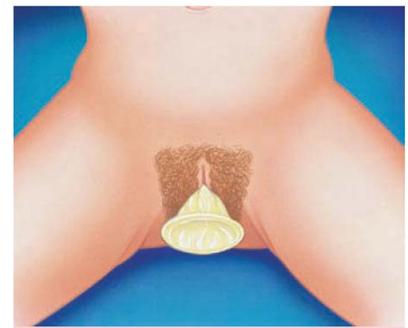
3. Hold the sheath at the closed end, grasp the flexible inner ring and squeeze it with the thumb and middle finger so it becomes long and narrow.



4. Choose a position that is comfortable for insertion – squat, raise one leg sit or lie down. Gently insert the inner ring into the vagina. Feel the inner ring go up and move into place.



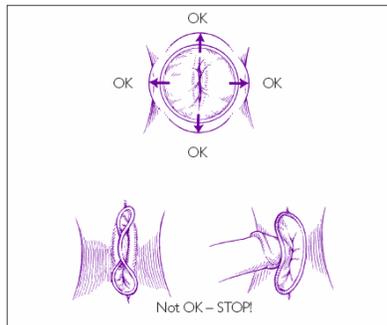
5. Place the index finger on the inside of the condom, and push the inner ring up as far as it will go. Be sure the sheath is not twisted. The outer ring should remain on the outside of the vagina.



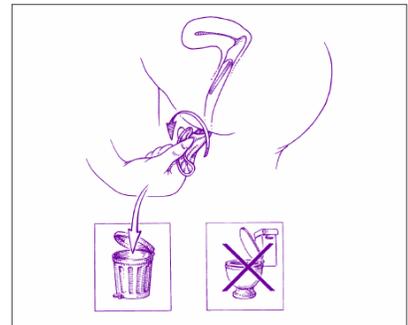
6. FC2 female condom is now in place and ready for use with your partner:



7. Gently guide your partner's penis into the sheath's opening using your hand to make sure that it enters properly.



8. Be sure that the penis is not entering on the side, between the sheath and the vagina wall.



9. To remove the condom, twist the outer ring and gently pull the condom. Wrap the condom in the package or in a tissue and throw it in the garbage. Do not put in the toilet.

- Natural rubber latex condoms for men are highly effective at preventing sexually transmitted infections, including HIV/AIDS, if used correctly.
- If you are not going to use a male natural rubber latex condom, you can use the FC2 Female Condom to help protect yourself and your partner.
- The FC2 Female Condom only works when you use it. Use it correctly every time you have sex.
- Before you try the FC2 Female Condom, be sure to read the directions and learn how to use it correctly.