<table>
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<th>Date</th>
<th>Event Description</th>
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<td>Sun. 12</td>
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| Mon. 13 | Off-Campus Employment Workshop for International Students 10:30am-12:00pm, Rm 9204  
Are you an F-1 or J-1 student who wants to work off-campus during their program of study? Learn about Curricular Practical Training (F-1) and Academic Training (J-1), a temporary employment authorization during your program study. RSVP required  
Mindfulness Workshop 1:00-2:30pm, Rm 9206  
Mindfulness is a mind-body technique derived from meditation practices originating from Buddhist and Hindu traditions. Join this workshop to learn the principles of mindfulness and guided practices to reduce stress. RSVP required |
| Tue. 14 | Post-Completion Optional Practical Training Workshop for F-1 Students 2:00-4:00pm, Rm 9205  
Are you an F-1 student about to complete your program of study? Are you considering working in the United States after graduation? Attend this workshop to learn about Post-Completion OPT, a temporary employment authorization available to F-1 students after graduation. RSVP required  
Library Resources for International Students 12:00-1:30pm, Rm C196.05  
Not certain how to access the resources at the library? Attend this workshop to learn the basics of how the databases, interlibrary loan, and other resources interact. Learn about resources like Zotero, MaRLI, OneSearch, and CLICS. RSVP required |
| Wed. 15 | The Job Search Process in the United States for International Students 2:00-4:00pm, Rm 6496  
Are you an international student interested in finding a job in the United States? Are you uncertain how to navigate the job search process in the U.S.? Attend this workshop to gain the skills necessary to enter the professional workforce in the U.S.! RSVP required |
| Thu. 16 | Library Resources for International Students 12:00-1:30pm, Rm C196.05  
Not certain how to access the resources at the library? Attend this workshop to learn the basics of how the databases, interlibrary loan, and other resources interact. Learn about resources like Zotero, MaRLI, OneSearch, and CLICS. RSVP required |
| Fri. 17 | Fulbright U.S. Student Program Information Session 1:00-3:00pm, Rm C203  
Are you a Master’s or Doctoral student interested in doing one year of advanced research, graduate or professional study, or English teaching abroad? Attend this session to learn about the types of grants available, eligibility requirements, and the deadlines to apply. Note: You must be a U.S. Citizen at the time of application. RSVP required |
| Sat. 18 | |

Sponsored by Office of International Students, Office of Career Planning and Professional Development, Office of the Provost, The Graduate Center Library, and The Wellness Center.