

**Doctoral Program in Clinical Psychology
The Graduate Center of the City University of New York**

**Proseminar On Ethical And Professional Issues
Course # 77109.16188
Fall, 2011**

Professor: Elliot L. Jurist

Day & Time: Tuesday 9:45-11:45 am

Office Hours: Th 11:45 and by appt.

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Course Description:

The purpose of the seminar is to introduce students to a comprehensive range of ethical and professional issues in the field of clinical psychology. In the first part of the course (weeks 1-7), we shall discuss, first, various ethical systems in the history of western philosophy, second, bioethics, third, research ethics, and, fourth, professional ethics, as represented by the APA code of ethics. Students will then work in pairs on specialized topics of their choice and present them for class discussion during weeks 8-11. A good source for the special topics is the recommended reading list included here. The presentations offer an opportunity to focus on concrete examples and dilemmas, especially concerning issues around diversity. During weeks 12-15, we shall make time to discuss your first clinical encounters on desk duty, have an introduction to the Psychological Center (with an emphasis upon clinic policy and becoming a culturally competent therapist), and focus on beginning clinical work (including a preliminary introduction to diagnosis). The seminar is designed to facilitate your entry into the field of clinical psychology and might be conceived, in fact, as an extension of the orientation process.

Course Objectives:

The objectives of this seminar are:

- 1) To learn how to think critically about ethical and professional issues: to understand the differences among various ethical systems, to understand the obligations that pertain to clinical work and to research
- 2) To become familiar with the APA Code of Ethics
- 3) To learn in detail about a chosen topic of interest within ethics and take responsibility for presenting it to the class
- 4) To become familiar with how our clinic functions
- 5) To become familiar with issues about the identity and future direction of the program and the field in general
- 6) To become prepared to undertake clinical work, and to appreciate the importance of attaining cultural competence
- 7) To learn the basics about diagnosis

Requirements & Grading:

- 1) Class attendance is mandatory and participation is desirable and always welcomed (indeed, you should make sure to attend all of your classes and come to program meetings, clinic meetings and colloquia);
- 2) One presentation jointly presented with another student in the class (we will discuss various topics and formulate a schedule over the next few weeks);
- 3) Transcripts of all clinical encounters (which we will review in class);
- 4) No papers or exams
- 5) Attendance (10%)
- 6) Class participation (40%)
- 7) Class presentation (50%)

(A+=outstanding work; A or A-= quality work; B+,B or B-=competent work; C or below=not yet competent work)

Reading:

- 1) Go to the APA website and print out a copy of the APA ethics code (www.apa.org/ethics); also take a look at the description of 2002 update (www.apa.org/monitor/nov02/ethicscode.html).
- 2) See articles/websites under weekly reading
- 3) See end of syllabus for recommended reading

Weekly Reading Assignments and Class Topics:

First Week: 8/30/11

Introduction to Ethics: An Historical Background.

Aristotelian Ethics, Kantian Ethics, Utilitarian Ethics, and Radical Critiques of Ethics

Reading:

- 1) Hand-out written by me on comparing ethical systems
- 2) Aristotle's *Nicomachean Ethics*, Bk. 1 on happiness, Bk. 2 on virtue, Bk. 3 on moderation and magnanimity, Bk. 7 on continence/incontinence (Indianapolis: Hackett, 1985);
- 3) Kant's *Groundwork of the Metaphysics of Morals*, Preface, Part I: Transition from common rational to philosophical moral, and Part II: Transition from popular moral to metaphysics of morals (Cambridge: Cambridge University, 1997);
- 4) Mill's *On Utilitarianism* (London: Penguin, 1987);

- 5) Nietzsche's *On the Genealogy of Morals*, Preface, Part I: 'Good and Evil,' Good and Bad' (Cambridge: Cambridge University, 1994).

Second Week: 9/6/11

Introduction to Ethics, continued

Third Week: 9/13/11

Introduction to Bioethics: What is Bioethics? The Principles of Autonomy, Beneficence and Non-Maleficence, and Justice

Reading:

- 1) An Introduction to Bioethics: Scopes of the field and a brief history of bioethics by Arthur L. Caplan & Glenn McGee (<http://www.bioethics.net/articles.php?viewCat=3>)
- 2) Principles of Bioethics (<http://depts.washington.edu/bioethx/tools/princpl.html>)

Fourth Week: 9/20/11

Introduction to Research Ethics

Reading:

- 1) Nuremberg Code: <http://www.cirp.org/library/ethics/nuremberg/>
- 2) Helsinki Statement: <http://www.wma.net/e/policy/b3.htm>
- 3) Belmont Report: <http://www.hhs.gov/ohrp/humansubjects/guidance/belmont.htm>

Fifth Week: 9/27/11

Introduction to Professional Ethics: The APA Code

Reading:

- 1) Introduction and Preamble, APA Code
- 2) General Principles, APA Code: Beneficence and Non-Maleficence, Fidelity and Responsibility, Integrity, Justice, Respect for People's Rights and Dignity
- 3) Pack-Brown, Sherlon and Williams, Carmen Braun. *Ethics in a Multicultural Context* (Thousand Oaks, CA: Sage, 2003), Chap. 3—Ethical Codes: Multicultural Explorations and Implications (pp. 55-76).
- 4) Koocher & Keith-Spiegel's *Ethics in Psychology and the Mental Health Professions: Standards and Cases* (Oxford: Oxford University, 2008), (hereafter abbreviated as EPMHP), Chapter 5: Psychotherapy, Part I: Ethical Obligations of Psychotherapists (pp. 101-126), Chapter 6: Psychotherapy, Part II: Techniques and Controversies (pp. 127-158)

No Class on 10/4/11—Friday Schedule

Sixth Week: 10/11/11

Introduction to Professional Ethics: The APA Code, continued

Reading:

- 1) Hand-out of Test Cases
- 2) Ethical Standards, APA Code: Competence (1), Human Relations (2), Privacy and Confidentiality (3), Advertising and Public Statements (4), Record Keeping and Fees, Education and Training (6), Research and Publication (7), Assessments (8), Therapy (9)
- 3) EPMHP, Chapter 12: Multiple Relationships III, Attraction, Romance and Sexual Intimacies (pp. 306-343), Chapter 13: Relationships with Colleagues, Students, Supervisees, and Employees (pp. 344-376), Chapter 16: Ethical Dilemmas in Academic Settings (pp. 433-457); Chapter 19: Scholarly Publications and the Responsible Conduct of Research (pp. 518-548).

Seventh Week: 10/18/11

Tarasoff-like Cases

Reading:

- 1) Tarasoff case: <http://www.stanford.edu/group/psylawseminar/Tarasoff.Greene.htm>
- 2) “The Cop and the Therapist” from the *New York Times Magazine*, December 3, 2000 (<http://partners.nytimes.com/library/magazine/home/20001203mag-max.html>)

Eighth Week: 10/25/11

Student Presentations—Nancy and Zach on the implications of social media for therapists

Ninth Week: 11/1/11

Student Presentations—Brian and Brooke on gender non-conformity in children and in child psychotherapy; Kira and Annie on the intersection of military and cultural issues

Tenth Week: 11/8/11

Student Presentations—Sacha and Kathleen on the relation between religion/spirituality and psychotherapy; Meg and Miriam on pharmacological treatment in children.

Eleventh Week: 11/15/11

Student Presentations—Jessica and Maddy on ethics and the law, especially mandatory reporting in New York, and intersecting issues concerning ethnic minorities.

Twelfth Week: 11/22/11

Introduction to Clinic (with Diana Puñales, Director of the Psychological Center)

Clinic Policy and Clinic Forms

Our Patient Population

Becoming a culturally competent therapist

Reading:

- 1) "Culture and Psychotherapy" in *Culture and Psychotherapy: A Guide to Clinical Practice*. Eds. Tseng, W and Strelzer, J. (Washington: American Psychiatric Association, 2001): <http://www.scribd.com/doc/7350704/Culture-and-Psychotherapy-a-Guide-to-Clinical-Practice-WenShing-Tseng>
- 2) Pack-Brown, Sherlon and Williams, Carmen Braun. *Ethics in a Multicultural Context* (Thousand Oaks, CA: Sage, 2003), Chap. 5—Awareness: The First Stage of Ethical Thinking in a Multicultural Context (pp.107-121) and Chap. 6—Knowledge and Skills, Stages 2 and 3: Ethical Thinking and Decision Making in a Multicultural Context (pp. 122-42).

Thirteenth Week: 11/29/11

Introduction to Diagnosis and DSM IV (with Dr. David Ott, Consulting Psychiatrist)

Reading:

- 1) Practice guideline for the evaluation of adult patients: http://www.guideline.gov/summary/summary.aspx?doc_id=9317&nbr=4986&ss=6&x1=999
- 2) DSM, Introduction
- 3) Using the Multiaxial System of the DSM: http://psyweb.com/Mdisord/DSM_IV/jsp/dsm_iv.jsp

Fourteenth Week: 12/6/10

Introduction to Diagnosis

Issues for Psychologists Using the DSM IV

Reading:

Krueger, Robert F.; Watson, David; Barlow, David H. Introduction to the Special Section: Toward a Dimensionally Based Taxonomy of Psychopathology. *Journal of Abnormal Psychology*. Vol 114(4), Nov 2005, 491-493 (<http://psycnet.apa.org/journals/abn/114/4/491/>).

Fifteenth Week: 12/13/10

Issues for Psychologists Using the DSM IV

Reading:

Beutler, L.E., & Malik, M.L. (Eds.), *Alternatives to the DSM*. Washington, D.C.: American Psychological Association, 2000 (<http://www.institute-shot.com/Psychiatric%20Diagnosis.htm>)

Recommended Reading (Sources that will be helpful in helping you find a topic for your presentation):

- 1) Appiah, Kwame Anthony. *The Ethics of Identity*. (Princeton, NJ: Princeton, 2004).
- 2) Baron-Cohen, Simon. *The Science of Evil: On Empathy and the Origins of Cruelty* (New York: Basic, 2011).
- 3) Bersoff, Donald. *Ethical Conflicts in Psychology*. Fourth Edition (Washington: APA, 2008).
- 4) Blaine, Bruce Evan. *Understanding the Psychology of Diversity* (Thousand Oaks, CA: Sage, 2007)
- 5) Brabeck, Nancy. *Practicing Feminist Ethics in Psychology* (Psychology of Women Book Series). (Washington: APA, 2000).
- 6) Campbell, Linda, Vasquez, Melba, and Behnke, Stephen (Eds). *APA Ethics Code Commentary and Case Illustrations* (Washington: APA, 2009)
- 7) Canter, Matilda; Bennett, Bruce; Jones, Stanley; and Nagy, Thomas (Eds.) *Ethics for Psychologists: A Commentary on the APA Ethics Code* (Washington: APA, 1994).
- 8) Carnochan, Peter. *Looking for Ground: Countertransference and the Problem of Value in Psychoanalysis* (Hillsdale, NJ: Analytic Press, 2001).
- 9) Churchland, Patricia. *Braintrust: What Neuroscience Tells Us About Morality* (Princeton, NJ: Princeton, 2011)
- 10) Corey, G. and Schneider Corey, M. *Issues and Ethics in the Helping Professions* (Florence, KY: Cengage Publishing, 2010)
- 11) Dean, Tim and Lane, Christopher (Eds.) *Homosexuality & Psychoanalysis* (Chicago: Chicago, 2001).
- 12) Downey, Jennifer and Friedman, Richard. *Sexual Orientation and Psychoanalysis* (New York: Columbia, 2002)
- 13) Edwards, Rem (Ed.) *Ethics of Psychiatry* (Amherst, NY: Prometheus, 1997)
- 14) Fisher, Celia. *Decoding the Ethics Code: A Practical Guide for Psychologists*. Second Edition (Thousand Oaks, CA: Sage, 2010).
- 15) Flanagan, Laura Melans; Hertz, Patricia; and Berzoff, Joan. *Inside out and Outside In: Psychodynamic Clinical Theory and Practice in Contemporary Multicultural Contexts* (Northvale, NJ: Aronson, 2002).

- 16) Gazzinga, Michael. *The Ethical Brain* (New York: Dana Press, 2005).
- 17) Gilligan, Carol; Ward, Janie Victoria; Taylor, Jill McLean; and Bardige, Betty (Eds.) *Mapping the Moral Domain: A Contribution to Women's Thinking to Psychological Theory and Education* (Cambridge: Harvard, 1990).
- 18) Giordano, Simona. *Understanding Eating Disorders: Conceptual and Ethical Issues in the Treatment of Anorexia and Bulimia Nervosa* (Issues in Biomedical Ethics). (Oxford: Oxford, 2008).
- 19) Hall, Lena (Ed.) *Dictionary of Multicultural Psychology: Issues, Terms, and Concepts* (Thousand Oaks, CA: Sage, 2003).
- 20) Harris, Adrienne and Stephen Botticelli (Eds). *First Do No Harm: The Paradoxical Encounters of Psychoanalysis, Warmaking, and Resistance*. New York: Routledge, 2010).
- 21) Haybron, Daniel. *The Pursuit of Unhappiness: The Elusive Psychology of Well-Being* (Oxford: Oxford, 2008).
- 22) Knapp, Samuel and Vandecreek. *Practical Ethics for Psychologists: A Positive Approach* (Washington, APA, 2005).
- 23) Koocher, Gerald & Keith-Spiegel, Patricia. *Ethics in Psychology and the Mental Health Professions: Standards and Cases* (Oxford: Oxford, 2008).
- 24) Lear, Jonathan. *Radical Hope: Ethics in the Face of Cultural Devastation*. (Cambridge, MA: 2008).
- 25) Nadelhoffer, Thomas, Namias, Eddy, and Nichols, Shaun. *Moral Psychology: Historical and Contemporary Readings* (New York: Wiley/Blackwell, 2010).
- 26) Pack-Brown, Sherlon and Williams, Carmen Braun. *Ethics in a Multicultural Context* (Thousand Oaks, CA: Sage, 2003)
- 27) Pope, Kenneth and Vasquez, Melba. *Ethics in Psychotherapy and Counseling* (San Francisco: Jossey-Bass, 2007).
- 28) Pope, Kenneth, Sonne, Janet, and Holroyd, Jean. *Sexual Feelings in Psychotherapy: Explorations for Therapists-In-Training* (Washington: APA, 1993).
- 29) Sinnott-Armstrong, Walter. *Moral Psychology: The Neuroscience of Morality: Emotion, Brain Disorders, and Development* (Cambridge, MA: MIT, 2007).
- 30) Tancredi, Laurence. *Hardwired Behavior: What Neuroscience Reveals about Morality* (Cambridge: Cambridge, 2010).
- 31) Tjeltveit, Alan. *Ethics and Values in Psychotherapy* (New York and London: Routledge, 1999).
- 32) Wallwork. Ernest. *Psychoanalysis and Ethics* (New Haven, Yale, 1991).

33) Weiss Roberts, Laura and Geppert, Cynthia. *The Book of Ethics: Expert Guidance for Professionals Who Treat Addiction* (Center City, Minnesota: Hazelden, 2008).