

CURRICULUM VITAE

Lesia M. Ruglass, Ph.D.

The City College of New York
Department of Psychology
NAC Building, Rm 7/120
212-650-7821
E-mail: lruglass@ccny.cuny.edu
(last revised 1/16/14)

EDUCATION

- 2005 Ph.D., Clinical Psychology, **The New School for Social Research**, New York, NY
Dissertation Title: Ethnocultural Differences in Therapeutic Alliance and Outcome for Women with Comorbid Posttraumatic Stress Disorder and Substance Use Disorder.
- 1998 M.A., Psychology, **Boston University**, Boston, MA
- 1996 B.A., Psychology, **New York University**, New York, NY

PROFESSIONAL LICENSE

New York State Licensed Psychologist #016918

HONORS AND AWARDS

- 2010 - 2014 National Institutes of Health (NIH), Loan Repayment Program, Competitive Renewal Award
- 2009 NIAAA/NIDA, Early Career Investigator Poster Session Travel Award (APA Convention 2009)
- 2008 National Institute on Drug Abuse (NIDA), Director's Travel Award (CPDD Convention 2008)
- 2008 - 2010 National Institutes of Health (NIH), Loan Repayment Program Award
- 2003 - 2004 New School University, Eugene Lang College, Dean's Fellowship
- 2002 - 2003 New School University, Eugene Lang College, Teaching Fellowship
- 2000 - 2005 New School University, Diamond II Doctoral Fellowship

PROFESSIONAL POSITIONS

ACADEMIC POSITIONS

- 2011 - pres Assistant Professor, Department of Psychology, The City College and The Graduate Center, CUNY

RESEARCH POSITIONS

- 2009 - pres Research Scientist, The Trauma and Addictions Project (TAP) and Research on Addictive Disorders (ROAD) Lab, Department of Psychology, The City College, City University of New York
- 2007 - 2009 Associate Research Scientist, The Social Intervention Group, School of Social Work, Columbia University New York, NY
- 2006 - 2007 Research Associate, Behavioral Science Research Unit, St. Luke's-Roosevelt Hospital, New York, NY
- 2001 - 2004 Research Assistant, Women's Health Project, St. Luke's-Roosevelt Hospital, New York, NY

CLINICAL POSITIONS

- 2006 - pres Clinical Psychologist, Independent Private Practice, New York, New York

- 2006 - 2007 Supervising Psychologist, Center for Intensive Treatment of Personality Disorders, St. Luke's-Roosevelt Hospital, New York, NY
- 2006 Staff Psychologist, Center for Intensive Treatment of Personality Disorders, St. Luke's-Roosevelt Hospital, New York, NY
- 2005 - 2006 Post-doctoral Fellowship, Clinical Psychology, St. Luke's-Roosevelt Hospital Center, NY, NY
- 2004 - 2005 Psychology Intern, St. Luke's-Roosevelt Hospital Center, New York, NY
- 2003 - 2004 Psychotherapist, Community Counseling and Mediation, Manhattan Center, NY, NY.
- 2003 - 2004 Psychology Extern, Beth Israel Medical Center, New York, NY
- 2001 - 2003 Psychology Extern, Bellevue Hospital Center, New York, NY
- 2001 Child Testing Practicum, Beth Israel Medical Center, New York, NY
- 2000 - 2001 Clinical Practicum, Beth Israel Medical Center, New York, NY

CONSULTATION POSITIONS

- 2009 Consultant, Women Organized Around Wellness, Open Doors Family Medical Centers, Ossining, NY. Cultural competence training for medical staff. (Fall, 2009)
- 2008 Consultant, The Council on Addiction Prevention and Education of Dutchess County (CAPE), Poughkeepsie, NY. Co-facilitated an 8-hr training on Motivational Interviewing with Jonathan Fader, Ph.D. (Fall, 2008)
- 2006 - 2010 Consultant, New York Eye and Ear Infirmary, Dept. of Ophthalmology, NY, NY Cultural competence seminars for Ophthalmology residents (4 seminars annually).
- 2003 Consultant, Community Counseling and Mediation, New York, NY Cultural competence training for psychotherapists. (Fall, 2003)

TEACHING EXPERIENCE

The City College, City University of New York

Undergraduate

- Infancy and Childhood Development
- Treatment of Substance Abuse

Graduate

- Evidence-Based Cognitive Behavioral Therapy
- Practicum in Counseling I and II
- Clinical Instruction (Assessment and Treatment of Mood and Anxiety Disorders)
- Child Abuse and Neglect
- Professional Orientation and Ethics

The New School for Social Research

Undergraduate

- Abnormal Psychology, Eugene Lang College
- Psychological Theories on the African American Experience, Eugene Lang College

CLINICAL SUPERVISION

- 2010 - Present **Clinical Supervisor**, Doctoral Subprogram in Clinical Psychology, The Graduate Center, CUNY. Supervision of Ph.D. students conducting psychological evaluations and empirically based treatments (*Seeking Safety*, *Motivational Interviewing*, *CBT*) in the psychological center.

PROFESSIONAL MEMBERSHIPS

- 2011 - pres New York State Psychological Association (NYSPA, Division on Addictions)
- 2009 - 2012 Association for Behavioral and Cognitive Therapies (ABCT)

1997 - pres American Psychological Association (APA, Division 50 [Society of Addiction Psychology] and Division 56 [Trauma Psychology])

PROFESSIONAL ACTIVITIES

Editorial Activity/Ad Hoc Reviewer

2008 - 2013 Child Maltreatment; Child Abuse and Neglect
 2010 - 2013 Psychoanalytic Psychology
 2012 American Journal on Addictions
 2013 Journal of Addiction Medicine; Journal of Community Psychology

Departmental Service

2013 Psychology Faculty Search Committee, *Department of Psychology, The City College of New York (Spring, 2013)*

Regional and National Service

2014 - 2016 Member-at-Large, *APA, Division 56 (Trauma Psychology)*
 2014 - 2016 Co-Chair, Diversity and Multicultural Committee, *APA, Division 56 (Trauma Psychology)*
 2013 Member, Editor Search Committee, *Journal of Psychological Trauma, APA*
 2012 - 2016 Member, Executive Committee, *APA, Division 56 (Trauma Psychology)*
 2012 - 2014 Chair, Early Career Psychologist Committee, *APA, Division 56 (Trauma Psychology)*
 2012 Treasurer, *Division on Addictions, New York State Psychological Association (NYSPA)*
 2011 - 2012 Member, Mentoring and Research Subcommittees, Early Career Psychologist Network, *APA, Division 56 (Trauma Psychology)*
 2011 - 2012 Member, Executive Board, *Division on Addictions, NYSPA*
 1999 - 2002 Treasurer, Graduate Faculty Psychology Society and Departmental Fund, *New School University*
 1998 - 1999 Member, Graduate Faculty Diversity Committee, *New School University*

RESEARCH INTERESTS

Assessment and Integrated Treatment of Trauma/PTSD and Substance Use Disorders; Understanding Mechanisms of Substance Use Disorders; Racial/Ethnic Disparities in Health, Mental Health, and Academic Achievement; HIV/AIDS prevention in Racial/Ethnic Minority Communities

GRANTS

Current

2013 - 2018 **Sponsor:** NIH/NIDA
Title: Translational research training in addictions for racial/ethnic minority students at City College of New York and Columbia University Medical Center
Role: Co-Investigator/Education Coordinator; **Amount:** \$1.5 million

2013 - 2014 **Sponsor:** The City College of New York, City University of New York, City Seeds Fund
Title: Racial/Ethnic Differences in the Biopsychosocial Factors Associated with Marijuana Use Disorders
Role: Principal Investigator; **Amount:** \$45,000

2012 - 2013 **Sponsor:** Office of Ethnic Minority Affairs (OEMA), American Psychological Association
Title: Racial/Ethnic Differences in Marijuana Cue Reactivity
Role: Principal Investigator; **Amount:** \$6,500

2011 - 2013 **Sponsor:** The City College of New York, City University of New York, Development and Institutional Advancement, Pilot Fund

Project: Understanding and Reducing Barriers to CCNY's Racial/Ethnic Minority Students' decisions to apply to and enter Psychology Graduate School

Role: Principal Investigator; **Amount:** \$7,973

Completed

2007 - 2009 **Sponsor:** National Institute on Drug Abuse (NIDA), Research Supplement to Promote Diversity in Health-Related Research

Parent Project: HIV Prevention among Drug-Involved Couples.

Role: Long-Term Investigator

2011 - 2013 **Sponsor:** The City College, City University of New York, City Seeds Fund

Title: Social and Non-Social Threat Processing in PTSD

Role: Co-Investigator; **Amount:** \$50,000

PUBLICATIONS

PEER-REVIEWED JOURNAL ARTICLES

Ruglass, L. M., Hien, D. A., Hu, M., & Campbell, A. N. (2014). Associations between PTSD symptoms and stimulant use: A secondary analysis of NIDA's women and trauma study. *American Journal on Addictions*, 23, 90-95 doi: 10.1111/j.1521-0391.2013.12068.x (Article First Published Online: June 26, 2013)

Morgan-Lopez, A., Saavedra, L. M., Hien, D. A., Campbell, A. N, Wu, E., & **Ruglass, L. M.** (2013). Synergy between Seeking Safety and Twelve-Step Affiliation on Substance Use Outcomes for Women. *Journal of Substance Abuse Treatment*, 45, 2, 179-89. doi: 10.1016/j.jsat.2013.01.015

Morgan-Lopez, A., Saavedra, L. M., Hien, D. A., Campbell, A. N, Wu, E., & **Ruglass, L. M.**, Potack-Peckam, J. A., & Bainter, S. C. (Article First Published Online: July 30, 2013). Indirect effects of 12-session seeking safety on substance use outcomes: Overall and attendance class-specific effects. *American Journal on Addictions*. doi: 10.1111/j.1521-0391.2013.12100.x

Ruglass, L. M., Miele, G. M., Hien, D. A., Campbell, A. N., Caldeira, N., Hu, M. C., Jiang, H., Litt, L. C., Killeen, T., Hatch-Maillette, M., Najavits, L., Brown, C., Robinson, J., Brigham, G., & Nunes, E. V. (2012). Helping alliance, retention, and treatment outcomes: Secondary analysis from the NIDA Women and Trauma study. *Substance Use and Misuse*, 47, 6, 695-707.

Hien, D. A., Morgan-Lopez, A., Campbell, A. N., Saavedra, L. M., Wu, E., Cohen, L., & **Ruglass, L. M.**, Nunes, E. V. (2012). Attendance and substance use outcomes for the Seeking Safety Program: Sometimes less is more. *Journal of Consulting and Clinical Psychology*, 80, 1, 29-42.

Burlew, A. K., Weekes, J. C., Montgomery, M. A., Feaster, D. J., Robbins, M. S., Rosa, C. L., **Ruglass, L. M.**, Venner, K. L., & Wu, L. (2011). Conducting Research with Racial/Ethnic Minorities: Methodological lessons from the NIDA Clinical Trials Network. *The American Journal of Drug and Alcohol Abuse*, 37, 5, 324-332.

Hien, D. A., Campbell, A. N., **Ruglass, L. M.**, & Hu, M.C. (2010). The role of alcohol misuse on PTSD and substance use outcomes for women in community treatment: A secondary analysis of NIDA's Women and Trauma study. *Drug and Alcohol Dependence*, 111, 114-119.

El-Bassel, N., Caldeira, N., **Ruglass, L.M.**, & Gilbert, L. (2009). Addressing unique needs of African American women in HIV prevention. *American Journal of Public Health*, 99, 6, 1-6.

Hien, D., & **Ruglass, L.** (2009). Interpersonal partner violence and women in the United States: An overview of prevalence rates, psychiatric correlates and consequences, and barriers to help seeking. *International Journal of*

Law and Psychiatry, 32, 48-55.

BOOKS/BOOK CHAPTERS

Ruglass, L. M., & Kendall-Tackett, Ph.D. (in contract, under review). *Psychology of Trauma 101*. New York: Springer.

Ruglass, L. M. & Safran, J.D. (2005). Cognitive behavior therapy and the therapeutic alliance. In A. Freeman (Editor-in-chief), *Encyclopedia of Cognitive Behavior Therapy*. New York: Kluwer.

MANUSCRIPTS UNDER REVIEW

Ruglass, L. M., Hien, D. A., Hu, M. C., Caldeira, N., Campbell, A.N., Jiang, H., Miele, G. M., Nunes, E. V., & Chang, D. The Effect of Racial/Ethnic Match on Treatment Outcomes for Women with PTSD and Substance Use Disorders receiving Community-Based Treatment. (Community Mental Health Journal).

Ruglass, L. M., Papini, S., Trub, L., & Hien, D. Psychometric properties of the modified PTSD symptom scale among women with PTSD and Substance Use Disorders receiving outpatient group treatments. (Psychiatry Research).

Hien, D., Levin, F. R., **Ruglass, L. M.,** Lopez-Castro, T., Hu, M., Papini, S., Cohen, L., & Herron, A. Enhancing the effects of cognitive behavioral therapy for PTSD and Alcohol Use Disorders with sertraline: A randomized clinical trial. (American Journal of Psychiatry).

MANUSCRIPTS IN PREPARATION

Ruglass, L. M., Pedersen, A., Cheref, S., & Hien, D. (in progress). Racial differences in response to combined CBT and sertraline for PTSD and Alcohol Misuse.

Ruglass, L. M., Papini, S., & Hien, D. (in progress). Cross-cultural differences in parenting practices and the impact on children's emotional and behavioral problems.

OTHER PUBLICATIONS

Ruglass, L. M. (2012). Effective Teaching Strategies for Early Career Faculty Members. *Trauma Psychology, APA Division 56 Newsletter, Fall*.

CONFERENCE PRESENTATIONS

Ruglass, L. M. (2013, July/August). Racial/Ethnic Differences in Cue Reactivity Among Individuals with Marijuana Use Disorders. In D. Hien (chair), Translational Findings in Mental Health and Addictions and Implications for Treatment. Paper to be presented as part of a symposium at the 121st annual convention of the American Psychological Association, Honolulu, Hawaii.

Ruglass, L. M. & Hien, D. (2013, July/August). Cross-cultural differences in parenting practices and the impact on children's emotional and behavioral problems. In D. Hien (chair), Perspectives on the Intergenerational Impact of Trauma: Parenting Practices and Child Maladjustment. Paper to be presented as part of a symposium at the 121st annual convention of the American Psychological Association, Honolulu, Hawaii.

Hien, D., **Ruglass, L.,** Cohen, L., & Levin, F. R. (2013, July/August). Combined Treatments for PTSD, Alcohol Misuse and Use Disorder: A Randomized Clinical Trial. In D. Hien (chair), State of the Art: Treating Comorbid PTSD and Substance Use Disorders. Paper to be presented as part of a symposium at the 121st annual convention of the American Psychological Association, Honolulu, Hawaii.

- Ruglass, L. M., Hien, D., & Hu, M. H.** (2012, November). The impact of racial/ethnic matching of group members and group therapists on treatment outcomes for women with PTSD and substance use disorders. In L. Ruglass (chair), Contextual Factors in the Treatment of PTSD and Substance Use Disorders: Reflections on the National Institute on Drug Abuse Clinical Trials Network, “Women and Trauma” Study. Paper presented as part of a symposium at the 28th annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, California.
- Ruglass, L. M. & Sankoh, V.** (2012, August). Understanding and Reducing Barriers to Graduate Education in Psychology among Racial/Ethnic Minority Students at An Urban College in NYC. Poster presented at the 120th annual convention of the American Psychological Association, Orlando, Florida.
- Ruglass, L. M., Hien, D., & Hu, M. H.** (2012, August). The impact of racial/ethnic matching of group members and group therapists on treatment outcomes for women with PTSD and substance use disorders. Poster presented at the 120th annual convention of the American Psychological Association, Orlando, Florida
- Ruglass, L. M.** (2011, October). Associations between PTSD Symptoms and Stimulant Use. In D. Hien (chair), PTSD, Self Medication And Context: Functional Relationships Between PTSD Cluster Changes And Alcohol And Stimulant Outcomes In The National Institute On Drug Abuse Clinical Trials Network “Women And Trauma” Study. Paper presented as part of a symposium at the II International Congress on Dual Disorders, Barcelona, Spain.
- Ruglass, L. M.** (2011, September). Gender and Cultural Issues in the Treatment of Trauma and Substance Use Disorders. Invited Presentation, Conference on Contemporary Psychological Treatments for Addictive Disorders, Jacobi Medical Center, Bronx, NY.
- Ruglass, L.M., & Hien, D.** (2011, September). Concurrent Treatment of Co-Occurring PTSD and Substance Use Disorders Among Inner-City Individuals: A Case Example. In K. Mills (chair), Prolonged exposure for PTSD among people with substance use disorders. Paper presented as part of a symposium at the 41st European Association for Behavioural and Cognitive Therapies Congress, Reykjavik, Iceland.
- Ruglass, L. M.** (2011, May). Posttraumatic Stress Disorder and Substance Abuse. Invited Presentation, Conference on Addictions in 2011, Harvard Medical Center, Boston, MA.
- Ruglass, L. M., & Hien D.** (2011, February). Women with Trauma and Substance Use Disorders: Research Findings and Options for Treatment Interventions. Invited Presentation, New School-Beth Israel Center for Clinical Training and Research, New York, NY.
- Ruglass, L. M., & Hien D.** (2010, April). Women with Trauma and Substance Use Disorders: Research Findings and Options for Treatment Interventions. In M. Fingerhood (chair), Women’s Issues in Addiction. Paper presented as part of a symposium at the 41st annual medical-scientific conference of the American Society of Addiction Medicine, San Francisco, CA.
- Ruglass, L. M., Hien, D., & Hu, M.** (2009, November). Outcomes for Cocaine/Stimulant Using Women with PTSD in the Women and Trauma Multisite Study in NIDA’s Clinical Trials Network. In R.C. Smith (chair), Treatment of comorbid PTSD and stimulant use disorders: Focus on functional relations and maintaining mechanisms. Paper presented as part of a symposium at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Ruglass, L. M., & Hien D.** (2009, October). Women with Trauma and Substance Use Disorders: Research Findings and Options for Treatment Interventions. Invited presentation, Conference on Trauma and Addiction: Causes, Consequences, and Treatment, University of British Columbia, Vancouver, BC, Canada.

- Ruglass, L. M.**, Hien, D., Hu, M.C., Caldeira, N., Campbell, A., Jiang, H., Miele, G., Nunes, E. (2009, August). Ethnic match and treatment outcomes for traumatized women with addictions. Poster presented at the 117th annual convention of the American Psychological Association, Toronto, Canada.
- Ruglass, L. M.**, & El-Bassel, N. (2008, June). The relationship between stress, coping, substance abuse and HIV risk behaviors among African American women. Poster presented at the 70th annual meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- Ruglass, L. M.** & Malley-Morrison, K. (1998, May). A cross-ethnic comparison of childhood exposure to violence, attachment style and anger. Poster presented at the 10th annual convention of the American Psychological Society, Washington, DC.
- Ruglass, L. M.** (1998, February). Parental conflict tactics and young adult self-esteem: A cross-ethnic study. Paper presented as part of a panel at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Ruglass, L. M.** (1998, February). Cross-ethnic differences in judgments of the typicality and abusiveness of conflict tactics used within a marital relationship. Paper presented as part of a panel at the 15th annual Teachers College Winter Roundtable Forum on Cross-cultural Psychology and Education. New York, NY.
- Arai, M, **Ruglass, L. M.**, & Malley-Morrison, K (1997, October). Cross-cultural differences in attitudes toward courtship violence. Paper presented at the 37th annual meeting of the New England Psychological Association, Stoneham, MA.
- Richarme, D., **Ruglass, L. M.**, Killean, M., & Serper, M. (1996, August). Levels of functioning in cocaine abusing schizophrenic patients. Poster presented at the 104th annual convention of the American Psychological Association, Toronto, Canada.
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