Breast Health Education Workshop

Wednesday, October 25, 2023, on Zoom

Registration required:
tinyurl.com/2p8drau6

- Learn about risk factors for breast cancer, including uncontrollable factors along with those we can control, such as lifestyle factors.

- Participants will be empowered to advocate for their own health in learning about methods of early detection including a breast self-exam.

Eileen Pillitteri works with the Mauer Foundation, where she designs and implements training programs for medical providers as well as the general public. She is a Cultural Competency and Health Literacy Master Trainer and is certified by MammaCare as a Breast Self-Exam Instructor. She has over 20 years of experience in nonprofit management and graduated from Stony Brook University with a BA in Psychology.